

antioxidants is from at least one natural or synthetic source.

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68. (Added) The composition of claim 67, wherein said natural source comprises pine bark, *Vitis vinifera*, *Camelia sinensis*, *Aesculus hippocastanum*, *Gingo^k biloba*, *Cardus marianum*, *Vaccinium myrtillus*, *Silybum marianum*.

69. (Added) The composition of claim 65, wherein said one or more hydrophilic antioxidants comprise oligomeric procyanidol.

70. (Added) The composition of claim 65, wherein said one or more hydrophilic antioxidants are extractable from grape seeds.

71. (Added) The composition of claim 70, wherein said one or more hydrophilic antioxidants is extracted from grape seeds and the ratio between the grape seed extract and lycopene is in weight/weight ratio of about 5:1 to 15:1.

72. (Added) The composition of claim 65, wherein said one or more lipophilic antioxidants are from at least one natural or synthetic source.

73. (Added) The composition of claim 72, wherein said natural source comprises a tomato variety.

74. (Added) The composition of claim 65, wherein said one or more lipophilic antioxidants are from a tomato extract.

75. (Added) The composition of claim 65, wherein said one or more lipophilic antioxidants comprise a carotenoid comprising α -carotene, β -carotene, γ -carotene, δ -carotene, zeaxanthin, cryptoxanthine, luteine, or xanthofyll.

76. (Added) The composition of claim 65, wherein said lycopene is in an amount of 0.1 to 5% wt/wt.

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77. (Added) The composition of claim 76, wherein said composition comprises 0.2 to 4% lycopene by weight.

78. (Added) The composition of claim 65, wherein at least one of said one or more hydrophilic antioxidants is from grape seed extract comprising oligomeric procyanidol and wherein at least one of said one or more lipophilic antioxidants is a tomato extract comprising lycopene.

79. (Added) The composition of claim 65, wherein said composition comprises less than 0.025 % beta-carotene by weight.

80. (Added) The composition of claim 65, wherein said hydrophilic antioxidants and said lipophilic antioxidants are present in a wt/wt ratio in the range from about 1:1 to about 200:1.

81. (Added) The composition of claim 65, wherein said cartilage, glycosaminoglycan-containing extract from cartilage, synthetic forms of glycosaminoglycans, or a combination thereof, and said hydrophilic antioxidants are present in a wt/wt ratio in the range from about 1:1 to about 200:1, such as from 2:1 to 100:1, in particular from 5:1 to 50:1, especially from 5:1 to 20:1, preferably from 5:1 to 15:1, most preferably about 7:1 to 12:1, such as about 10:1.

82. (Added) The composition of claim 70, wherein said composition comprises 0.25-15 mg of lycopene and 2.5-100 mg of grape seed extract, preferably from 0.5-5 mg of lycopene and 5-50 mg of grape seed extract, particularly 0.75-2.5 mg of lycopene and 10-30 mg of grape seed extract, particularly 1-2.5 mg of lycopene and 10-25 mg of grape seed extract.

83. (Added) The composition of claim 82, wherein said composition comprises 1-2.5 mg of lycopene, 5-50 mg of grape seed extract and 50-200 mg of cartilage, glycosaminoglycan-containing extract from cartilage, synthetic forms of glycosaminoglycans, or a combination

thereof.

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84. (Added) The composition of claim 78, wherein said composition comprises:

20-40% cartilage, glycosaminoglycan-containing extract from cartilage, synthetic forms of glycosaminoglycans, or a combination thereof, weight/weight;

1-10% grape seed extract, weight/weight; and

1-10% tomato extract, weight/weight.

85. (Added) The composition of claim 65, wherein said composition further comprises *Acerola* extract.

86. (Added) The composition of claim 65, wherein said composition comprises:

100-110 mg of fish extract comprising a glycosaminoglycan as the source of said cartilage, glycosaminoglycan-containing extract from cartilage, synthetic forms of glycosaminoglycans, or a combination thereof;

95-105 mg of plant extracts as the source of said one or more hydrophilic antioxidants, and said one or more lipophilic antioxidants, wherein said plant extracts comprise an oligomeric procyanidol, lycopene, or a combination thereof;

25-35.00 mg of *Acerola* extract;

60-90 mg of microcrystalline cellulose; and

3.5-4.5 mg of silicon dioxide.

87. (Added) The composition of claim 65, wherein said composition comprises:

100-110 mg of fish extract comprising a glycosaminoglycan as the source of the cartilage, glycosaminoglycan-containing extract from cartilage, synthetic forms of glycosaminoglycans, or a combination thereof;

95-105 mg of plant extracts as the source of said one or more hydrophilic antioxidants, and said one or more lipophilic antioxidants; wherein said plant extracts comprise an oligomeric

procyanidol, lycopene, or a combination thereof;

60-65 mg of inulin;

25-35.00 mg of ascorbic acid;

10-20 mg of zinc gluconate; and

10-15 mg of silicon dioxide.

88. (Added) The composition of claim 87, wherein said plant extracts are formulated for slow release and said lycopene is formulated for normal release.--
